



SASSY SISTER STUFF

Checklist to Help You Get and Stay Organized

Effective Tips to Help You Stay Organized as You Age



(CHECK OFF EACH ITEM AS YOU COMPLETE IT)

- 1 Start With One Area/Zone so You Are Not Overwhelmed
- 2 Build Daily Landing Spots
- 3 Make Paper Less Powerful
- 4 Rethink Your Storage Spaces
- 5 Use Labels Without Overdoing It
- 6 Simplify Your Calendar
- 7 Create Routines That Respect Your Energy Levels
- 8 Let Go Without Guilt
- 9 Ask for Help Sooner Rather Than Later
- 10 Make Space for Ease and Peace of Mind Now (Small Changes)

"An organized life is not about perfection — it's about creating space for what matters most."